## Egg Harbor Fire Department and First Responders Standard Operating Guideline

SUBJECT: CRITICAL STRESS INCIDENT MANAGEMENT SOG 013

**PURPOSE:** This SOG provides the guidelines for critical stress management.

**SCOPE:** This policy shall apply to all members of the Egg Harbor Fire Department.

## **GUIDELINES:**

- 1. One of the Egg Harbor Fire Department's high priorities is the well being of it members.
- 2. All members are hereby instructed to inform the Incident Commander immediately if at any time after an incident, they feel the need to discuss the same. All officers will be available for such discussions and will maintain an open door, and confidential policy.
- 3. The Egg Harbor Fire Department will utilize available Critical Stress Teams for debriefs and consultations with members who have suffered from effects of an incident.
- 4. All members shall notify an officer (preferable a chief officer) when they feel another member is suffering from stress as a result of an incident.

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